

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Rourke de Lange

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

**TIME** 01:03:42

**PACE** 09:06/km

OVERALL 64 of 204

**GENDER** 17 of 43

< 13 1 of 4

28 August 2016, Sun

Date

